



BWSC NEWSLETTER

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DECEMBER 2008 Edition

Head Coach – Jo says:

Please can I remind all Biggleswade squads to make sure they are making their minimum training requirements, if you are unable to make a session due to illness please let either Jo or Zena know so that this can be recorded on the registers.

Well done to all those that competed at CMK, Hitchin and City of Leicester. Some great results.

Also well done to all those who qualified for, and competed at East Region Winter Champs.

The 2nd round of the National Swimming League was held at home and saw some amazing swimming, with Biggleswade claiming first place and a place in the East Midlands Regional final. Well done to all the swimmers – an amazing performance. Also huge thanks to all the poolside helpers and those that came down to cheer on the team.

Please see the notice board for the Christmas training times. These are also listed below.

I would like to remind you all again that it is important to wrap up after training when going out in the cold, hats and scarves please!

Have a great Christmas

Jo

Christmas Training sessions

Last normal training session Monday 22nd December.

Sunday 28th December

Green & Blue	10am-11am
Red	11am-1pm
Navy	11am-12.30pm
Orange & Masters	12pm-1pm

Monday 29th December

Red & Navy 10am-12pm

Wednesday 31st December

Red and Navy 10am-12pm

First normal training session in 2009 – January 2nd!

2009 fees

Letters to each family have gone into the swimmers folders with details of the fees for 2009. Please make sure you adjust your standing order payment before it becomes due in January. Thank you.

Officials

Paula has made some progress with applications from those of you willing to become qualified timekeepers and judges – but would always welcome more. Use the ASA East Region website to find the relevant forms – or ask Paula Durrant for information.

In addition all existing officials should be aware of the CPD being run by Dave Metcalf in January – a

Entry forms for Club Championships R3 and R4 and Biggleswade Open Meet in January 2009

Entry forms for the Open Meet and Club Champs R3 have and are coming in. Using the web site has worked reasonably well. Remember to look for the entry form for R4 in January.

Forthcoming competitions:

Club Champs-

December 20th and
February 14th.

Remember the Championships are run on BAGCAT lines; the GB points for each swim are recorded, then the best results from each category of event are added together to find each swimmers' points total.

Volunteers are needed for this gala please look for the list on the white board by the poolside gate.

Biggleswade Open Meet 24th & 25th January

Run in association with MBSS. The blue and yellow board is now available by the poolside entry gate for volunteers to sign up in their droves to help the Open Meet be the most successful ever!

Beds ASA County Championships Feb and March

Entry forms for this will be out shortly – please return them to Jo as soon as you have competed in your last event in January (Luton or Biggleswade Open).

Rotary Swimathon February 15th

We have entered 8 teams for this as we shall have Adam and Tom Dean swimming with us so we want to put on a good show in memory of Philip. If you want to swim please let Jo or the team Captains know as soon as possible. We can try for more team slots if lots of you want to do this.

Recent Competitions

J Basher 18th October team gala at Norwich. This was our first visit to this gala, and coming 2nd was an excellent result. Everyone swimming and supporting

had a great time with some excellent swims and close finishes!

ASA Intercounties 19th October Sheffield

The County were pleased to rise up the results list.

National Swimming League R2 8th November

A stunning result – winning our first gala at this level.

National Swimming League R3

At Coventry. Despite colds and bugs you did really well to hold 4th position. Comment from the league officials before the start was “see you are making a habit of getting to the final!” Well done.

CMK November 15th & 16th

Some excellent results

East Region Winter Championships at Norwich 22nd & 23rd November

Three swimmers from the Biggleswade squads qualified for these and returned some excellent results. Congratulations go to the MBSS swimmers who claimed junior and senior medals especially Harriet Brettle who won the senior 800m freestyle event.

Hitchin November 30th

Again some good results with County Qualifying times achieved in many cases.

Club Committee

Following the AGM in June we made you aware that the committee was under strength even though we had been able to welcome three new recruits. One of the consequences for the club of Phil Dean's sudden death is that members of the committee have had to pick up the various tasks that he undertook for the club – and they were many. None of us has a problem in attempting to do so – indeed it is our way of continuing his work – but it would make life a lot more possible if some of you could consider joining our ranks in the New Year.

Please consider offering your services to support your swimmers and talk to a committee member. If after that you wish to join the committee we could co-opt you until the next General meeting. The major tasks we need volunteers for are the

- **Treasurer and**
- **Press coverage.**

Club Christmas tree

The club was invited to dress a Christmas tree for display at St Andrews Church and this went on display

on Saturday 6th December. It looked charming and was a great advert for the club. Congratulations to the team who decorated it – they came 2nd in the judging! It also helped the St Andrews fund for their future development in the process.

The tree is now on display in the viewing area where many of you do land training.

Social event

The social swim organised by MBSS Head Coach Vix Metcalf was apparently great fun with coaches Ash Morris and Jo McConnell also getting wet!



**Happy
Christmas and
a great New Year**