

Jeff Cook Memorial Trophy Gala - Hitchin - 30 April 2005

(PBs in Yellow - for Individual Events and Relay 1st leg only)

Event	Swimmer	Previous PB	Time	Position	
1	U11 Girls 25m Freestyle	Helen Davey	NT	0:20.13	7
2	U11 Boys 25m Freestyle	Kane Farrell	NT	0:16.51	4
3	U12 Girls 50m Backstroke	Alice Brettle	0:47.89	0:48.16	8
4	U12 Boys 50m Backstroke	Andrew Millard	0:42.42	0:42.64	4
5	U13 Girls 50m Breaststroke	Abigail Lavallin	0:40.89	0:39.20	1
6	U13 Boys 50m Breaststroke	James Broomfield	0:54.64	0:54.89	8
7	U11 Girls 25m Butterfly	Shauna Lee	NT	0:21.07	3
8	U11 Boys 25m Butterfly	George Lavallin	0:23.69	0:20.76	7
9	U12 Girls 50m Freestyle	Georgina Quayle	0:35.03	0:35.84	5
10	U12 Boys 50m Freestyle	Jack Doyle	NT	0:44.70	8
11	U13 Girls 50m Backstroke	Sophie Thrussell	0:40.71	0:40.10	3
12	U13 Boys 50m Backstroke	Thomas Kelly	0:40.06	0:38.03	2
13	9Yr Girls 4x25m Freestyle Relay	Lora Downes	0:20.30	1:25.48	4
		Kimberley Stokes	0:23.28		
		Lucy Vries	0:22.69		
		Sophie Jones	0:19.08		
14	9Yr Boys 4x25m Freestyle Relay			No swim	NS 9th
15	U11 Girls 4x25m Medley Relay	Shauna Lee	0:23.16	1:34.80	6
		Nicole Tilbury	0:29.82		
		Emily McConnell	0:22.92		
		Helen Davey	0:18.59		
16	U11 Boys 4x25m Medley Relay	Alex Raine	0:20.16	1:19.57	1
		Kane Farrell	0:20.88		
		George Lavallin	0:20.24		
		James Broomfield	0:18.25		
17	U12 Girls 4x25m Freestyle Relay	Sophie Barks	0:21.52	1:19.80	8
		Harriet Wase	0:20.00		
		Jessica Bilcock	0:18.38		
		Alice Brettle	0:19.81		
18	U12 Boys 4x25m Freestyle Relay	Stephen Horner	0:20.04	1:16.92	7
		Andrew Millard	0:17.07		
		Jack Doyle	0:20.22		
		Jordan Ulmer	0:19.42		
19	U13 Girls 4x50m Medley Relay	Sophie Thrussell	0:39.67	2:30.00	1
		Abigail Lavallin	0:38.80		
		Charlotte McConnell	0:38.28		
		Emma Jones	0:32.40		
20	U13 Boys 4x50m Medley Relay	Thomas Kelly	0:38.97	2:57.96dq	DQ 9th
		James Broomfield	0:57.94		
		Alex Raine	0:42.72		
		Mark Hutson	0:38.33		
21	U11 Girls 25m Breaststroke	Nicole Tilbury	0:30.76	0:28.60	8
22	U11 Boys 25m Breaststroke	Kane Farrell	0:26.44	0:20.80	2
23	U12 Girls 50m Butterfly	Katie Tavener	0:42.96	0:40.30	3
24	U12 Boys 50m Butterfly	Jordan Ulmer	0:58.24	0:56.82	8
25	U13 Girls 50m Freestyle	Emma Jones	0:31.08	0:32.49	2
26	U13 Boys 50m Freestyle	Mark Hutson	0:59.48	0:39.13	7
27	U11 Girls 25m Backstroke	Shauna Lee	NT	0:23.76	5
28	U11 Boys 25m Backstroke	George Lavallin	0:27.20	0:20.70	2
29	U12 Girls 50m Breaststroke	Rachel Hollington	0:50.44	0:50.86	5
30	U12 Boys 50m Breaststroke	Haydn Mallet	0:51.94	0:51.00	8
31	U13 Girls 50m Butterfly	Charlotte McConnell	0:37.48	0:40.20	4
32	U13 Boys 50m Butterfly	Alex Raine	0:41.14	0:42.38	4

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33 9Yr Girls 4x25m Medley Relay	Lora Downes	0:25.01	1:37.20	3
	Lucy Vries	0:27.43		
	Emily McConnell	0:25.18		
	Sophie Jones	0:19.46		
34 9Yr Boys 4x25m Medley Relay			No swim	NS 9th
35 U11 Girls 4x25m Freestyle Relay	Emily McConnell	0:21.41	1:20.39dq	DQ 9th
	Shauna Lee	0:16.31		
	Nicole Tilbury	0:22.50		
	Helen Davey	0:20.17		
36 U11 Boys 4x25m Freestyle Relay	Kane Farrell	0:17.32	1:11.13	1
	George Lavallin	0:17.15		
	Andrew Millard	0:17.85		
	Dominic Hill	0:18.88		
37 U12 Girls 4x25m Medley Relay	Jessica Bilcock	0:22.12	1:19.76	5
	Rachel Hollington	0:23.09		
	Katie Tavener	0:18.84		
	Georgina Quayle	0:15.64		
38 U12 Boys 4x25m Medley Relay	Haydn Mallet	0:24.07	1:39.03	7
	Jack Doyle	0:28.33		
	Jordan Ulmer	0:26.30		
	Stephen Horner	0:20.17		
39 U13 Girls 4x50m Freestyle Relay	Eleanor Mason	0:37.98	2:50.86	8
	Jasmine Phillips	0:43.65		
	Jessica Martin	0:47.00		
	Elizabeth Bone	0:42.42		
40 U13 Boys 4x50m Freestyle Relay	Dominic Hill	0:40.48	2:39.73	8
	Alex Raine	0:36.36		
	James Broomfield	0:42.93		
	Mark Hutson	0:39.74		
41 Squadron 8 x 25m Freestyle - All	Emma Jones	0:15.60	2:16.76	2
	Thomas Kelly	0:15.48		
	Georgina Quayle	0:16.10		
	Andrew Millard	0:17.57		
	Shauna Lee	0:17.63		
	Kane Farrell	0:17.57		
	Emily McConnell	0:20.25		
	George Lavallin	0:16.56		

Position	Result	Points	BWSC Places	No.	PBs
1	Hemel Hempstead	123	1	4	Qualifying Swims 39 PBs 28 PB Rate 71.8%
2	Hatfield	133	2	5	
3	Bishop's Stortford	170	3	4	
4	Hitchin	181	4	5	
5	Potters Bar	212	5	4	
6	Stevenage	213	6	1	
7	Biggleswade	215	7	5	
8	Harpenden	250	8	9	
			NS/DQs	4	