

Name	Event	Split 1	Stroke Rate	Split 2	Stroke Rate	Split 3	Stroke Rate	Split 4	Stroke Rate	Overall Time	Placing
Myles Gibson	100 Free	00:29.34	53.0	00:32.44	43.5					01:01.86	
	100 Free R	00:28.72		00:31.61						00:00.60	
	400 IM	00:33.73	59.0	00:40.91	38.0	00:42.80	39.0	00:42.53	28.5		
		00:43.98	37.0	00:45.54	34.5	00:39.48	42.0	00:37.31	38.0	05:26.09	
	800 Free	00:33.66		00:38.07		00:38.10		00:38.40			
		00:41.10	0.0	00:38.37		00:39.70		00:38.50			
		00:38.82		00:38.35		00:39.31		00:39.72			
		00:37.89		00:37.90		01:13.41				10:07.55	
	200 Free	00:31.32	44.0	00:35.20	41.0	00:36.47	40.0	00:34.10	39.5	02:17.22	
50 Free	00:27.94								00:27.94		
David Dowsett	100 Free	00:29.25	53.5	00:31.23	44.0					01:00.54	
	50 Brst	00:33.77	50.5							00:33.77	
	50 Brst F	00:34.33	47.0							00:34.33	5th
	200 Brst F	00:36.89	40.5	00:42.01	38.0	00:43.65	37.0	00:42.74	39.5	02:45.31	4th
	200 Free	00:29.74	54.0	00:33.83	41.5	00:36.94	44.0	00:40.68	27.5	02:21.33	
	100 Brst	00:35.30	48.5	00:40.14	50.0					01:15.49	
	100 Brst F	00:34.96	45.0	00:39.46	44.5					01:14.39	4th
Nicholas Metcalf	100 Free	00:26.82	58.0	00:29.40	52.0					00:56.23	
	50 Fly	00:28.18	56.0							00:28.18	
	50 Fly F	00:28.19	62.0							00:28.19	7th
	100 Fly	00:28.88	56.0	00:33.63	49.0					01:02.43	
	100 Fly F	00:29.57	53.0	00:32.93	51.0					01:02.67	7th
	50 Free	00:26.02									
Paul Titley	400 IM	00:33.56	48.5	00:40.39	42.5	00:39.68	35.0	00:39.19	35.0	05:19.18	
		00:45.77	35.0	00:46.24	36.0	00:37.51	38.0	00:36.77	39.0		
	100 Back	00:32.75	46.5	00:33.24	45.5					01:06.01	
	400 Free	00:32.00	46.0	00:36.23	36.0	00:36.76	34.0	00:36.50	34.0		
		00:36.55	38.5	00:36.80	34.5	00:36.21	39.0	00:35.92	39.5	04:46.94	
200 Back	00:33.23	47.5	00:35.93	36.5	00:38.66	34.5	00:38.01	34.5	02:25.92		
Douglas Kerr	100 Back	00:32.61	43.5	00:34.22	41.0					01:06.83	
	50 Fly	00:29.87	56.0							00:29.87	
Emily Aust	200 Free	00:33.39	43.5	00:35.87	41.0	00:37.22	41.0	00:36.25	40.5	02:22.81	
	100 Brst	00:38.91	40.0	00:44.09	45.0					01:23.07	
	200 IM	00:35.73	47.5	00:42.69	41.5	00:46.53	41.0	00:38.23	42.0	02:43.27	
	50 Free	00:31.09	48.5							00:31.09	
	100 Free	00:32.73	42.5	00:34.69	44.5					01:07.62	
	50 Brst	00:38.46	57.5							00:38.46	
	50 Brst F	00:38.87	56.0							00:38.87	8th
	200 Brst	00:39.62	42.5	00:45.74	37.0	00:46.60	33.0	00:46.88	43.0	02:58.85	
200 Brst F	00:40.10	42.5	00:46.35	40.0	00:48.07	32.0	00:48.78	32.5	03:03.23	8th	
Hannah Raine	200 Free	00:31.48	50.5	00:35.83	51.0	00:35.51	50.0	00:35.14	50.0	02:17.16	
	100 Fly	00:34.55	63.0	00:38.30	55.0					01:13.03	
	200 IM	00:34.21	58.5	00:39.51	36.5	00:45.16	37.5	00:34.60	48.0	02:33.65	
	200 IM F	00:33.70	61.5	00:39.72	36.5	00:44.95	45.0	00:35.40	46.5	02:33.91	3rd Junior
	50 Free	00:30.17	64.0							00:30.17	
	200 Back	00:36.08	46.0	00:38.56	37.0	00:39.58	36.0	00:37.91	36.0	02:32.13	
	200 Back F	00:35.44	38.0	00:38.88	33.5	00:39.13	36.0	00:37.85	34.5	02:31.45	5th
	100 Free	00:31.70	61.0	00:34.29	59.5					01:06.15	
	400 IM	00:34.65	58.0	00:40.66	51.5	00:43.15	37.5	00:42.24	31.5		
		00:46.05	31.5	00:46.98	33.0	00:38.22	44.0	00:35.69	44.5	05:27.81	
	400 IM F	00:33.74	58.0	00:39.20	55.0	00:41.47	39.5	00:41.13	36.0		
		00:46.05	34.0	00:45.92	33.0	00:37.94	46.5	00:34.31	46.0	05:19.82	5th
100 Back	00:36.60	45.5	00:37.86	42.0					01:14.58		
50 Fly	00:32.82	66.0							00:32.82		

Carmen Mallet	100 Brst	00:39.52	54.0	00:44.98	51.5					01:24.48	
	50 Brst	00:38.15	54.0							00:38.15	
	50 Brst F	00:38.17	61.0							00:38.17	7th
	200 Brst	00:41.34	42.0	00:45.71	42.0	00:47.66	42.0	00:46.82	43.5	03:01.56	
Kirsten Farthing	100 Brst	00:39.76	41.5	00:42.59	40.5					01:22.23	
	100 Brst F	00:40.46	40.0	00:42.84	40.5					01:23.30	7th
	200 IM	00:34.14	48.0	00:42.90	33.5	00:44.45	34.0	00:38.65	34.0	02:40.14	
	100 Free	00:32.74	49.0	00:37.05	40.0					01:09.79	
	200 Brst	00:40.56	43.5	00:44.78	36.5	00:45.86	38.0	00:44.96	43.0	02:56.23	
	200 Brst F	00:40.51	40.0	00:43.04	36.5	00:44.92	42.5	00:45.52	36.5	02:54.11	4th
Harriet Brettle	200 Back	00:35.71	48.0	00:38.63	40.0	00:39.91	38.5	00:38.39	39.0	02:32.78	
	200 Back F	00:38.30	43.0	00:43.24	34.0	00:43.87	32.0	00:42.62	36.0	02:48.26	8th
	800 Free	00:34.29	51.5	00:40.69	48.0	00:41.23	41.0	00:40.92	41.0		
		00:41.93	46.5	00:41.08	39.0	00:41.60	44.0	00:42.17	47.0		
		01:24.62	40.0		41.5	00:42.07	40.5	00:42.58	35.5		
		00:42.49	43.0	00:40.65	41.5	00:41.86	39.0	00:40.80	43.5	10:58.43	
	400 IM	00:39.78	47.0	00:48.51	39.0	00:42.35	36.0	00:42.82	35.0		
	400 Free	00:57.60	44.0	00:56.51	35.0	00:41.19	42.5	00:40.91	39.5	06:09.39	
		00:32.99	58.5	00:37.61	44.5	00:39.62	47.0	00:40.11	44.0		
		00:40.68	43.5	00:41.39	41.5	00:40.76	42.5	00:38.40	43.5	05:11.82	